



post adoption PARENT GUIDE

April 30, 2021 | Issue 1

Parents,

We want to welcome you to the Post Permanency Parenting Guide operated by RISE, Inc. The Idaho Department of Health and Welfare has contracted with RISE, Inc. to provide post-permanency services to adoptive and guardianship families. We hope this newsletter is full of beneficial and helpful information as you transition to a family through adoption. As a post-permanency family, RISE is here to help provide you the tools and resources for successful parenting. In this newsletter, you'll find links to helpful articles, information about upcoming training that may be of interest to you, and ways that RISE can support you as you navigate the future.

We just recently launched the Idaho Adoption Resource Exchange (IARE) website where you can find out more information about RISE and our services for post-permanency families, as well as information on support groups, training, and other helpful resources.



Staff Highlight: *Jacqueline Shafer*

Jacqueline Shafer, LMSW is our Program Supervisor/ Intensive Case Manager. She has been employed with RISE, Inc. since 2018 working in Behavioral Health but has transitioned to be a part of our new program.

She has an extensive history in mental health services, child development, and has previously worked as a case manager for a foster and adoption agency in Texas.

We are continuing to build our team and will continue to introduce new

Please visit our website at
idadoptresources.org

staff members in future newsletters
when hired.

If you have any questions or would
like to connect with Jacqueline please
contact adoptsupport@mycpid.com

Who Is Rise

RISE, Inc is a non-profit organization that was founded in 1987. RISE provides a range of services to adults, children, and families in Utah, Oregon, Arizona, Texas, and Idaho.

RISE provides services such as foster care, after-school and summer programs, early intervention, mental health therapy, behavioral supports, respite, and disability services. RISE, Inc. recently acquired the Idaho chapter formally known as Community Partnerships of Idaho.



OUR SERVICES

- **Outreach & Advocacy**

- These services will consist of monthly newsletters curated to specialized demographics.
- Annually, you'll receive a subsidy review letter from RISE.
- If you're a new family to the post permanency family, RISE staff will periodically conduct check in calls to see if there's anything they can do to support.
- If you're navigating the juvenile court system or the special education system, and need support, RISE staff will happily assist you.

- **Assessment and Referral Services**

- These services help families seeking assistance with specific needs (i.e.

mental health needs, developmental disability assessments, transitional services, etc.) and are unsure about what resources are available to them.

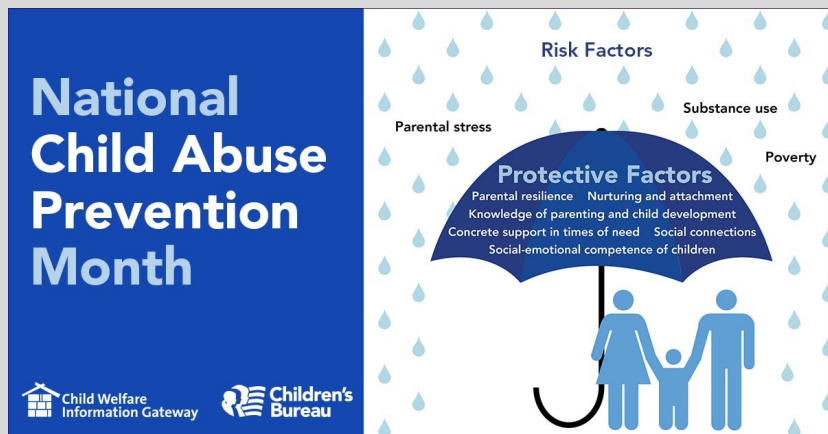
- Our staff will work with the family to assess their needs and describe their goals and will work to identify and coordinate appropriate services the family can access. These services are intended to prevent families from disruption, so families should reach out early with their concerns or requests.

- **Crisis Intervention**

- These services help families who are in urgent need and experiencing an imminent crisis. Examples of this could be emotional and behavioral outbursts displayed by children after adoption due to trauma history. Services can assist in disruptions in adoptive families where children may have to re-enter care. This may add to the children's already traumatic experiences of rejection, separation, and loss.

RESOURCE CORNER

National Child Abuse Prevention Month



April is Child Abuse Prevention Awareness Month. Initiated in 1983, this annual observance focuses on increasing awareness and providing education and support to families in an effort to prevent child abuse across the United States.

According to the Centers for Disease Control and Prevention (CDC), an estimated 1 in 4 children experience some form of child abuse in their lifetime. Child abuse refers to the physical abuse, sexual abuse, emotional abuse, or neglect of a child under the age of 18. It is estimated that the total lifetime economic burden associated with child maltreatment in the United States is \$124 billion.

Exposure to child abuse, neglect, and other adverse childhood experiences (ACEs) can severely harm brain development and negatively impact the nervous and immune systems, leaving youth survivors at risk for future unhealthy behaviors and negative health outcomes. Educate yourself and your community about child abuse and prevention strategies that you can deploy locally.

Each year, Child Welfare publishes a new resource guide which can be viewed **here**.

There are four major types of child maltreatment: Neglect, Physical Abuse, Sexual

Abuse, and Emotional Abuse. Examples of symptoms are listed below:

Neglect: Signs of malnutrition; Poor hygiene; Unattended physical or medical problems.

Physical abuse: Unexplained bruises, burns, or welts; Child appears frightened of a parent or caregiver.

Sexual abuse: Pain, bleeding, redness, or swelling in anal or genital area; Age-inappropriate sexual play with toys, self, or others; Age-inappropriate knowledge of sex.

Emotional abuse: Extremes in behavior, ranging from overly aggressive to overly passive; Delayed physical, emotional, or intellectual development.

Be aware of the signs. Learn more about Idaho Reporting of child abuse **here**. If you suspect abuse or neglect, please call:

Statewide: 1-855-552-KIDS (5437)

Treasure Valley: 1-208-334-KIDS (5437)

Child Abuse Awareness Pinwheels:



Pinwheels represent what we want for every child -- a happy, safe, and carefree childhood.

Click here for additional places to view pinwheels placed in honor of National Child Abuse Awareness!