



November 2023 | Issue 10

Happy November RISE Families!

I hope this finds each of you easing into a comfortable holiday season!

The Thanksgiving season always provides an opportunity to think about the *many* things in our lives we are grateful for as well as new ways to express that gratitude. This year, our team is incredibly grateful for all of the incredible families that we get to hear from, support and love through good and rough times. We are grateful for the families who understand the true value of community and who honor and trust us to be part of their village.

I am grateful for my team members here at RISE, who consistently go above and beyond to ensure that each family has the security of this village and the best of what we are able to deliver.

We are so lucky to love what we do.

Wishing you a meaningful Thanksgiving holiday, filled with special family moments!

Warm Regards,
Sarah Andrade, Executive Director

Please reach out via email at id-adoptsupport@riservicesinc.org or 208-252-6117. We look forward to answering questions and working with your family.

[Visit our website](#)

Who Is RISE?

RISE, Inc is a non-profit organization that was founded in 1987. RISE provides a range of services to adults, children, and families in Utah, Oregon, Arizona, Florida, and Idaho.

RISE provides services such as foster care, after-school and summer programs, early intervention, mental health therapy, behavioral supports, respite, and disability services.

Are you experiencing challenges that you didn't expect following an adoption, achieving permanency or dealing with changes in your family? Well, no one can plan for everything! Encountering unanticipated challenges or circumstances when a family experiences a change is one of the only certainties that can *really* be guaranteed. The other certainly, is that WE ARE HERE FOR YOU! RISE Family Services Post-Permanency Support team members are standing by to support you throughout your journey.

RISE Family Service post-permanency support services offer a wide range of assistance options, tailored to the specific needs of your family. Supportive services can include:

- Supporting your family in applying for a renegotiation of subsidy payments to assist with the increased cost associated with more intensive needs,
- Supporting your child and family in gaining access to grant funding to allow for resources, enrichment activities, stabilization, or the overall well-being of your child(ren),
- Case Management/Intensive Case Management to support you in advocating for exceptional or emotional needs for your child, navigating the child welfare system or community resources and accessing support networks.

The bottom line is that *we are here for you!* If you or someone you know is in need of support related to a post-permanency adoption, please reach out to us.

We know that supporting Idaho Families through their post-adoption journey is every bit as critical as entering an adoptions. *We are here.*

Please feel welcome to contact us via email at idadoptsupport@riseservicesinc.org or by telephone at 208-252-6117. As always, we look forward to answering questions and working with your family.

NATIONAL ADOPTION MONTH



Happy National Adoption Month!

November is a special time of the year when we join hands to celebrate National Adoption Month. This annual observance serves as a platform to raise awareness about the importance of adoption, honor the countless families formed through adoption, and highlight the ongoing need to find safe and nurturing homes for children in need.

National Adoption Month not only recognizes the remarkable love and commitment of adoptive families but also underscores the significance of supporting children who are awaiting their forever homes.

The significance of National Adoption Month:

National Adoption Month, first established in 1995, aims to shed light on the adoption process, dispel myths and misconceptions surrounding adoption, and encourage prospective parents to consider adoption as a viable option. It serves as a reminder that every child deserves a loving, stable, and permanent home, where they can thrive and grow.

Celebrating Forever Families:

During National Adoption Month, the spotlight is on the joy and fulfillment that adoption brings to countless families across the nation. It is a time to honor the unwavering love, compassion, and dedication of adoptive parents who open their hearts and homes to children in need. Whether through domestic adoption or international adoption, these families create lifelong bonds and provide children with a nurturing environment, stability, and opportunities for a brighter future.

Supporting Children in Need:

National Adoption Month is a call to action, reminding us of the urgent need to find permanent homes for children who are waiting to be adopted. It highlights the importance of providing emotional support, access to healthcare, and educational opportunities to children in foster care.

Efforts are made to streamline the adoption process, reduce barriers, and ensure that every child has the opportunity to flourish in a loving and supportive environment.

This year's National Adoption Month theme is "**Empowering Youth: Finding Points of Connection.**"

Idaho's Wednesday's Child

In the heart of the Pacific Northwest lies the beautiful state of Idaho, known for its stunning landscapes, rugged mountains, and welcoming communities. Amidst the charm and tranquility, there exists a remarkable program called "Idaho Wednesday's Child", which has been a beacon of hope for countless children in search of loving families. In this article, we will explore the significance of Idaho Wednesday's Child and how it has positively impacted the lives of many children and prospective adoptive parents.

What is Idaho Wednesday's Child?

Idaho Wednesday Child is a program aimed at connecting children in foster care with permanent families through adoption. The program began in 1981 as a partnership between Idaho's Child Welfare system and local media outlets. Every Wednesday, a child who is waiting to be adopted is highlighted and introduced to the community through various media channels, including television, radio, and online platforms.

The Purpose and Impact

The primary objective of Idaho's Wednesday Child is to raise awareness about the urgent need for adoptive families for children in the foster care system. By featuring individual stories and profiles of children, the program seeks to capture the hearts of prospective parents and inspire them to consider adoption.

The impact of this program cannot be overstated. For the children, being featured on Idaho Wednesday's Child provides them with a platform to share their hopes and dreams, and to express their desire for a loving and permanent family. It gives them a voice and an opportunity to be seen and heard by potential adoptive parents who may not have otherwise known about them.

Success Stories

Over the years, Idaho Wednesday's Child has played a significant role in facilitating successful adoptions and changing the lives of countless children. The program has helped break down the barriers, initiate conversations, and bring families together. Many children who were once considered hard to place have found their forever homes through the program.

These success stories highlight the transformative power of Idaho Wednesday's Child. By featuring children in need of adoption, the program has touched the hearts of families who have opened their homes and hearts to children who longed for stability, love, and a place to call their own.

How Can You Get Involved?

Idaho Wednesday's Child encourages individuals and communities to get involved in creating brighter futures for children in foster care. There are several ways to contribute.

1. **Spread the Word:** Share information about Idaho's Wednesday's Child with your friends, family, and colleagues. Utilize social media platforms to help raise awareness about the program and the children who are waiting for adoption.
2. **Consider Adoption:** If you are considering expanding your family, explore the possibility of adoption. Reach out to adoption agencies or the Idaho Department of Health and Welfare to learn more about the adoption process and the children available for adoption.

- 3. Support Local Foster Care and Adoption Agencies:** Volunteer your time, donate resources, or participate in fundraising events to support organizations working tirelessly to find loving homes for children in need.

Idaho Wednesday's Child has played a vital role in transforming the lives of children in foster care, offering them hope, stability, and the love of a forever family.

Learn more at: <https://idahowednesdayschild.org/>



CALLING ALL CARING HEARTS: RISE IS SEEKING TREATMENT FOSTER CARE PARENTS

Are you passionate about making a positive impact on the lives of children and youth in need? If, so we have an exciting opportunity for you!

We are actively seeking compassionate individuals or families who are interested in becoming treatment foster care parents in Region 3 & 4. Whether you are a seasoned foster parent looking to expand your impact or someone considering treatment foster care for the first time, we welcome you to join our dedicated team.

As a treatment foster care parent, you will have the unique ability to provide a nurturing and supportive environment for children and adolescents who have experienced trauma or have behavioral and emotional challenges.

By opening your heart and home to these vulnerable young individuals, you can play a pivotal role in their healing and growth. As a treatment foster care parent, you will receive specialized training, ongoing support, and a generous stipend to ensure that you have the resources and knowledge needed to provide the best care possible.

If you are interested in learning more about becoming a treatment foster care parent, please contact RISE Family Services at 208-252-6117 or email saraha@riseservicesinc.org.

EMPOWERING PARENTS GRANT



The 2023-24 Application will open on Thursday, November 16th at 8 AM Mountain Time

If you were awarded a grant for the 2022 school year you will have to reapply. Eligibility is verified each year.

Who will be eligible to apply?

Idaho students Kindergarten through grade 12 are eligible regardless of whether they attend a public school, private school, or are homeschooled.

What is the purpose of the Empowering Parents program?

The Empowering Parents program provides eligible families with grant funds for use towards eligible education services and devices to help students recover from learning loss. Section 33-1030, Idaho Code, defines eligible education expenses. Eligible education expenses and a chart of commonly approved and denied items.

Parents shop through approved vendors in the Empowering Parents online marketplace.

How will this program help students?

As parents and guardians try to help their students recover from learning loss, Idaho students need access to additional supports necessary to meet their individual learning needs. Empowering Parents allows families to purchase the educational resources most likely to help their children succeed academically.

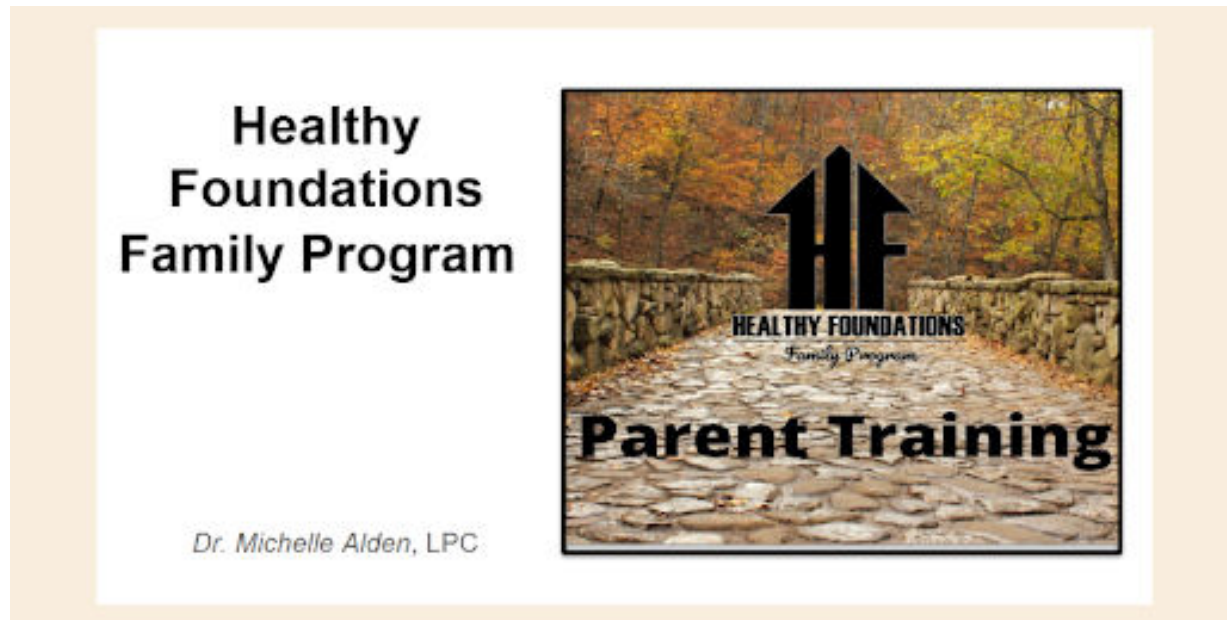
How much will eligible families receive?

Each eligible family will have access to \$1,000 per eligible student, with a maximum award of \$3,000 per family.

Learn more about the eligibility at <https://empoweringparents.idaho.gov/>

TRAININGS

FREE Parent Training Video From Healthy Foundations



*information obtained from <https://www.healthyfoundations.co/parent-coaching.html> *

Included in this 35-minute video:

You aren't failing as a parent—you just need a different skill set
 How to build good self-esteem in your child and change the brain in the process
 Change negativity (with a tool you can use right away)

This video is an introduction (and first step) to the 12-week Healthy Foundations Family Program where we believe things can be:

80% better in terms of conflicts and escalation AND
 90% better in terms of feeling back in control of your family

GET YOUR FREE PARENT TRAINING VIDEO NOW.

Institute of Child Psychology 2023 FREE Virtual

CHILDREN'S MENTAL HEALTH + PARENTING SUMMIT

When: NOVEMBER 14-17

Where: Virtual

Together, let's raise a generation of children who don't have to recover from their childhoods.

You are interested in the science of parenting.

You're curious about what attachment, emotional intelligence, psychology, and brain science can tell us about how to raise kids.

You have kids that are more sensitive, strong-willed, bright, or spirited than others (and sometimes the advice in "traditional" parenting sources just doesn't work for you, or your child).

You want to raise kids who are resilient and empowered in today's more complicated world.

You'd like to raise strong, confident kids.

You strive to use effective alternatives to threats and bribes and want to address challenging behaviors with connection and communication (without passing on your own baggage).

REGISTER NOW FOR FREE!

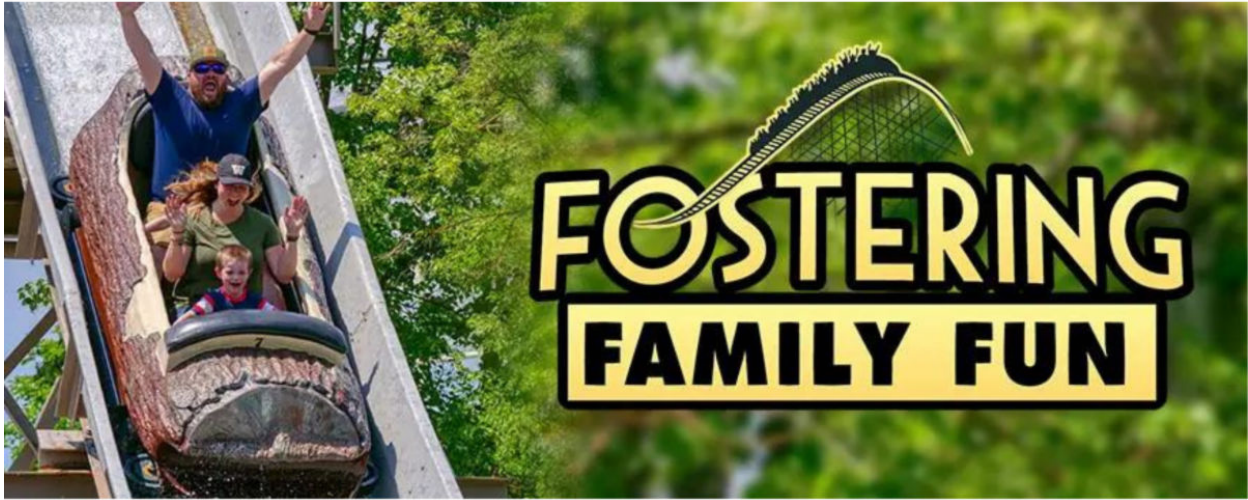
RESOURCES JUST FOR YOU



The TBRI® Podcast features conversations about Trust-Based Relational Intervention®, an attachment-based, trauma-informed intervention designed to meet the complex needs of vulnerable children.

On this podcast we talk about the elements of trauma-informed care and chat with experts in the field about implementing TBRI® across different communities of care and practice.

To learn more **[click here](#)**



Silverwood Theme Park has partnered with Idaho Family and Children Services to provide all foster children in the state of Idaho the opportunity to visit the park for FREE once a year! The goal of this program is to help children in foster care create healthy bonds with their new families by providing a safe, fun, and exciting place to make lasting memories together.

[LEARN MORE HERE](#)

Currently, this program is only offered to foster families in the state of Idaho, but we are looking into future expansion to our bordering states.

Idaho Resiliency Project

<https://www.idahoresilienceproject.org/resources>

The Idaho Resilience Project (IRP) is an organization dedicated to helping Idaho's youth and families build resilience and forge a path beyond trauma. Understanding that adversity happens at the individual, family, and community levels, IRP is working with organizations across the state to improve and create a shared understanding of resilience-informed communities. Through regional collaboration, IRP is working to create safe, stable, and nurturing relationships and environments to positively impact the development of skills that will help youth and families reach their full potential. Explore the calendar to find upcoming training and events. Check out the resource page to find videos, documentaries and lesson plans for every age and stage.

Find Help Idaho

<https://findhelpidaho.org/>

Idaho Health Data Exchange is collaborating with findhelp to provide a safe, secure, and effective platform for users to connect people with social services. Simply search and immediately connect to identify medical, behavioral, financial and basic supports relevant and available to meet your needs.

Brown like Me

Brown like Me has become many of our family's favorite nonprofit organizations in the area. Brown like Me is a "local nonprofit that is helping black youth in Idaho connect with their culture through community outreach".

To learn more about this organization and to view their upcoming events, please visit <https://brownlikeme.org/>.



The Mayfly Project: Mentoring Foster Children through Fly Fishing

information obtained from themayflyproject.com

The Mayfly Project is a national non-profit organization that is changing the lives of children in foster care across the country. Our mission is to mentor children in foster care via the sport of fly fishing and provide opportunities for children in foster care to have fun, build self-esteem, and develop a meaningful connection with the outdoors.

The children that participate in our projects learn all the basics of fly fishing, join in our conservation initiative efforts, and receive a 2:1 mentor ratio at our 5 TMP outings where we teach and mentor in groups together. When the project is completed, each child receives their own curriculum, specialized buttons for participating in the program, fly rod setup, and all the gear they need to continue to pursue fly fishing.

Foster parents, relative caregivers, adoptive parents, and group home staff are invited to participate as well! THERE IS ABSOLUTELY ZERO COST TO PARTICIPATE! We fundraise year round to ensure each kid/youth who participates has what they need to fly fish on their own!

Register A Child Here

Watch video: <https://vimeo.com/330261257>

Kids Bowl Free!

Select bowling centers and schools around the country are participating in the first ever Kids Bowl Free program. Registered Kids Receive 2 FREE GAMES Of Bowling Each Day Of The KBF Program All Summer Long! This program is designed by bowling centers to give back to the community and provide a safe, secure, and fun way for kids to spend time this summer. Children whose age does not exceed a limit by a participating bowling center are eligible to register for 2 free games each day of the KBF program, all summer long, courtesy of the participating bowling centers along with the schools and organizations.

Participating Bowling Centers in Idaho

- Boise: Emerald Lanes, Westy's Garden Lanes
- Burley: Snake River Bowl Emerald Lanes
- Coeur D'alene: Sunset Bowling
- Idaho Falls: Bowl-Ero Lanes
- Lewiston: Orchard Lanes
- Meridian: Meridian Bowling Lanes, Pinz Bowling Center
- Pocatello: Tough Guy Lanes

To register, click the bowling center associated with your location.

https://www.kidsbowlfree.com/all_centers.php#ID



Idaho Care Line

The 2-1-1 Idaho Careline is a program of the Idaho Department of Health and Welfare. It is a free statewide community information and referral service.



National Parent Helpline®

1-855-4A PARENT 1-855-427-2736

To get emotional support from a trained Advocate and become empowered and a stronger parent.

Youth Resource and Opportunity Collaborative

The Youth Resource and Opportunity Collaborative (YouthROC) provides upstream prevention support and resources to assist youth aged 10-17 with behavioral health needs. The ultimate goal is to prevent youth from entering the juvenile justice and child welfare systems by providing connection to community-based resources and services. YouthROC will assist youth in acquiring the resources and support they need to improve their health, well-being, and future success.

For more information about the YouthROC program or advisory committee please reach out to Savannah Swisher, Project Manager at Southwest District Health.

To learn more, click [here](#)



PARENTING CLASS

Online; \$25 if Idaho Medicaid



BECAUSE PARENTING KIDS WITH CHALLENGING BEHAVIORS REQUIRES AN INTENTIONAL APPROACH

www.healthyfoundations.co (not .com)



HEALTHY FOUNDATIONS

Family Program

*In-home or Online
Parent Coaching*

RISE, Inc. | [idadoptresources.org]

RISE, Inc. | 3076 N. Five Mile Rd., Boise, ID 83713

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